

The MAMMI Study

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MAMMI Study and you

Every one of us here at the MAMMI study team hopes that you and your family are all happy, healthy and doing well.

After an eventful, and for many, challenging 15 months, we welcome the easing of restrictions and the successful roll out of the vaccination programme in Ireland and hope that, with these positive developments, you and your family are looking forward to a rejuvenating summer.

Here at the MAMMI study, we are very aware that the pandemic has had a particularly impact on mothers. Many of you have contended with juggling work obligations, care of elderly relatives, the day-to-day running of a home with the additional demands of home-schooling. You have done an incredible job!



New MAMMI Project

We hope you will join us in extending a warm welcome and congratulations to our newest member of the team, Silvia Alós Pereñiguez. Silvia was awarded the prestigious School of Nursing and Midwifery PhD Scholarship for her project on '*Intrapartum syntocinon administration among women with spontaneous onset of labour*'. This study aims to evaluate synthetic oxytocin use in women with spontaneous onset of labour in Ireland and, through women's and clinicians' experiences, views and perspectives, develop a step-by-step best practice guideline for use and administration. We wish Silvia and her supervisors, Dr Deirdre Daly and Dr Deirdre O'Malley every success with the project.

MAMMI and Covid-19 response

We thank you for your understanding and patience as we navigated returning to work while prioritising the health and safety of our team and our participants.

We know that some of you are expecting and even overdue receiving your five-year follow-up survey. Please bear with us as we address this issue, we hope to have the surveys with you in the coming weeks!



The MAMMI Website

We are delighted to share a full suite of maternal health educational resources on our website, these include; '*ON-TRACK*'; a series of self-help educational videos, created in partnership with women on perinatal anxiety, postnatal sexual health and pelvic girdle pain.

'*Journey to Birth*' an antenatal course designed to guide women through the latest stages of pregnancy to the birth itself so that women can lower their stress-levels and anxiousness around labour.

And, of course, the '*Women's Health After Motherhood*' Online Course. These resources are freely available on our website for women all around to world to access whenever they need, at tcd.ie/mammi/

Keep in contact with the MAMMI study!

If you have changed address, help us stay in touch by letting us know at our email address: mammistudy@tcd.ie or call us on: 087 118 6762. If you are interested in becoming involved with MAMMI research or have any questions, feel free to contact us at either of the above!